



एक एक पाइला

#eekpaila

EK EK PAILA COMMUNITY HEALTH PROGRAM



1st February 2025 |



Thapathali



PROGRAM OVERVIEW

-  Total Registrations: 63
-  Total Cross Consultations: 142
- Department-wise Breakdown:
 - - General Medicine: 54
 - - Ophthalmology: 52
 - - Dental: 36



GENERAL MEDICINE

- Commonly Diagnosed Conditions:
- Upper Respiratory Tract Infections (URTI)
- Musculoskeletal Pain
- Abnormal Uterine Bleeding
- Acid Peptic Disease
- Systemic Viral Infections

- Patient Referrals:
- - Gynecology: 3
- - Orthopedics: 3
- - General Medicine: 1
- - Cardiology: 2



DENTAL DEPARTMENT

- Patients Seen: 36
- Findings:
 - Multiple caries among children
 - Periodontal disease among adults
 - Overall poor oral health
- Note: All patients referred to EEP community health center; oral hygiene instruction provided.



OPHTHALMOLOGY

- Most Common Cases:
 - Refractive errors
 - Presbyopia
 - Dry eyes
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- Referrals: 31



PHARMACY

- Medicines Distributed:
- Multivitamins
- Antibiotics
- Antihypertensive medicines
- Diabetic medicines
- Topical analgesic ointments
- Antihistamines

PATIENT FEEDBACK

- Overall, the patients expressed **high satisfaction** with the healthcare services provided. However, a significant portion of attendees expressed the need for **laboratory investigations**, which were not available during the camp.

CONCLUSION

- The community health program effectively addressed the immediate medical needs of the participants. Moving forward, incorporating laboratory diagnostic facilities would further enhance the impact of such initiatives. Ek Ek Paila remains committed to improving healthcare accessibility and expanding its outreach programs to better serve the community.