



एक एक पाइला

#eekpaila

Bajura Health Initiative Inaugural Surgical Camp of Ek Ek Paila's 5-Year Project

From May 23 to May 25, 2024, Ek Ek Paila organised its 31st Paila program at Kolti, Bajura, in collaboration with the Geta Eye Hospital and Budhinanda Municipality. This three-day camp, set up at Kolti Primary Health Centre, successfully served the local community by providing essential ENT, ophthalmology, and dental services. A total of 1,711 individuals benefited from the medical attention and care offered by the Ek Ek Paila, marking a significant contribution to the health and well-being of the residents of Kolti, Bajura.



DEPARTMENT : OPHTHALMOLOGY

Total Patients: 1264



Total consultations/ OPD: 1136

Cataract surgery: 168 | Pterygium excision: 1

Key Takeaways:

- A total of 168 patients were operated free of cost for cataract surgery and one pterygium excision was also performed.
- Due to obstacles like the high cost of hospital care, lack of transportation, neglect of the elderly, absence of escorts, and poor community awareness, some patients have been blind for several years.
- To address preventable blindness in this province, surgical eye camps in these remote areas are essential.

DEPARTMENT: DENTAL

Total patients: 372



Total consultations / OPD: 372

Dental Extraction: 180

Key Takeaways:

- Approximately 372 patients sought dental consultations, with 180 of them receiving free dental extractions.
- With barriers such as the high cost of dental care, lack of transportation, neglect of dental health, absence of dental clinics, and poor community awareness, many patients have suffered from untreated dental issues for years.
- Additionally, 350 toothpaste and toothbrush kits were distributed to school-going children to promote better oral hygiene.

DEPARTMENT: ENT

Total patients: 621



Key Takeaways:

- The ENT department conducted 19 surgeries, with myringoplasty being the most frequent procedure.
- Myringoplasty emerged as the most common procedure, indicating a prevalent issue with eardrum perforations among the patients.

DEPARTMENT : LOGISTICS, IT & REGISTRATION

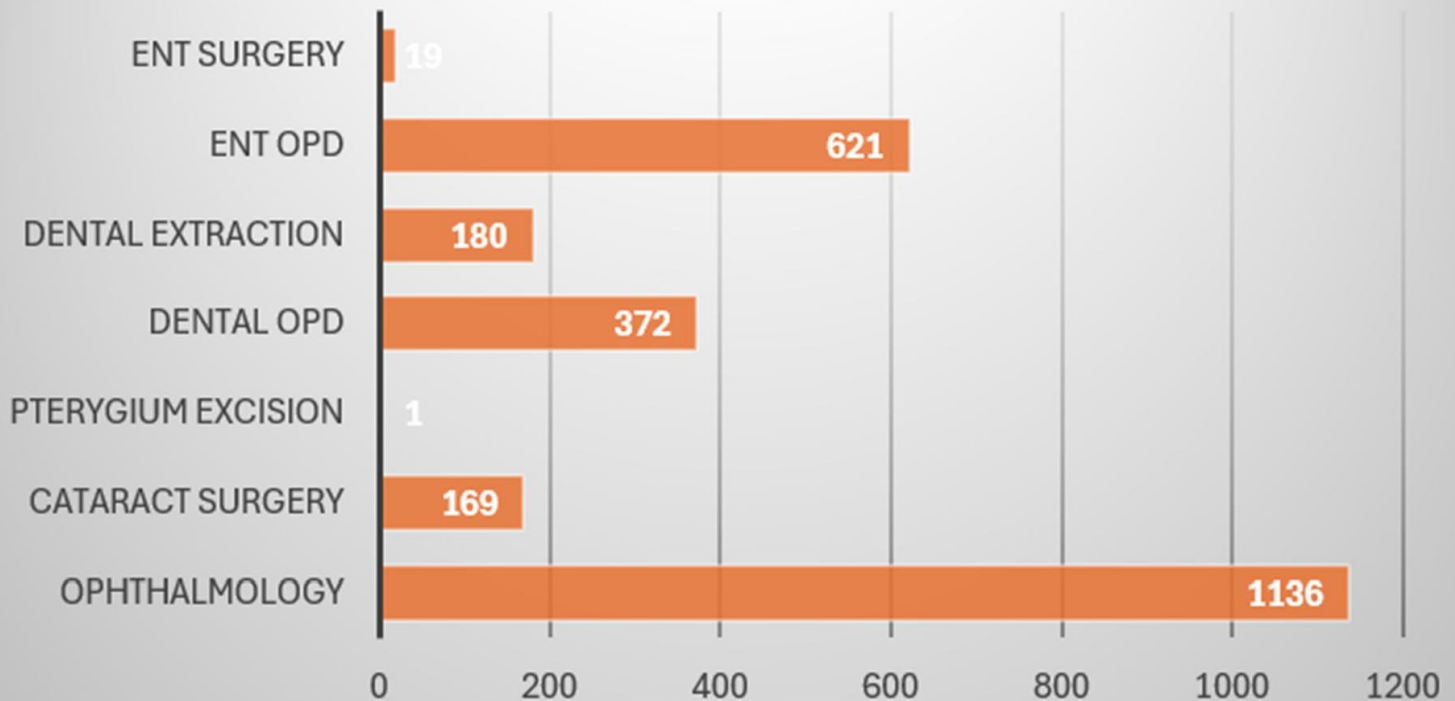


The logistics team was essential in ensuring the outreach program ran smoothly. They handled transportation, food, and lodging for all the volunteers and assisted in setting up the camp beforehand.

Additionally, all patients were registered via an app developed by our IT team, Ek Ek Paila, which streamlined record-keeping and facilitated communication between various departments.

REPORT SUMMARY

No. of patients



Total number of patients registered: 1711

Total number of cross-consultations: 2129

Conclusion

In conclusion, the inaugural surgical camp of Ek Ek Paila's 5-Year Project at Kolti, Bajura, held from May 23 to May 25, 2024, was a resounding success. By providing critical ENT, ophthalmology, and dental services to 1,711 individuals, the camp addressed significant healthcare needs in the community. The collaboration with Geta Eye Hospital and Budhinanda Municipality, along with the dedicated efforts of the logistics and IT teams, ensured the smooth operation of the camp. This initiative has set a strong foundation for future healthcare improvements, emphasizing the importance of continued medical outreach in remote areas.

TEAM FOR 31ST PAILA:

S.N	Name	Speciality
1	Dr. Bijaya Kharel	ENT
2	Dr. Rabi Bhushan Suwal	ENT
3	Shanty Tamang	ENT Nurse
4	Binita Panthi	ENT Nurse
5	Dr. Alok Sagtani	Dental
6	Dr. Binita Shrestha	Dental
7	Deepa Bhattarai	Dental Hygienist
8	Sagun Shrestha	Documentation
9	Ashok Pandey	Logistics
10	Ashish Bhattarai	Logistics

Geta Eye Team

11	Dr. Suresh Raj Pant
12	Ganesh Bahadur Chaudhary
13	Phaguli Chaudhary
14	Tej Rawal
15	Noor Mohammad Ansari
16	Ankit Nigam
17	Shanti Baduwal

18	Purna Prasad Paneru
19	Sampati Chaudhary
20	Fulti Chaudhary
21	Siddha Raj Bista
22	Rajendra Prasad Regmi
23	Dhir Bahadur Khati



Additionally, this camp would not have been completed without the support of:

- Geta Eye Hospital
- Budhinanda Municipality
- Buddha Air
- Raji Rana
- Himalayan Bank
- Respective donors
- The patients who came for our service.

Thank You