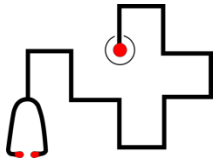




Bagmati Riverside Squatters Health Outreach Project (BRSHOP) - 20th Paila, Thapathali

Ek Ek Paila Foundation
Thapathali, Kathmandu

Background



Ek Ek Paila is a not-for-profit organization composed of like-minded Nepali volunteer medical doctors, paramedics, and friends that have come together to deliver free health services in rural Nepal.



As an extension of the outreach activities, the organization established a not-for-profit community health clinic in Kathmandu to address the healthcare needs of urban poor residents, with the help of 50 founding members that have generously donated towards the clinic.

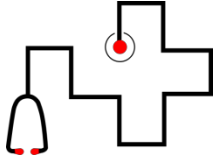


The clinic offers affordable multi-subspeciality health care, intending to become a self-sustained health center in the future. It also aims to promote volunteerism in the community.



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Problem Statement



01

Squatter settlements with an expansion of slums and congested areas with inadequate housing and public services have become inevitable in burgeoning cities, especially the capital.

02

People are highly dependent on groundwater like tube wells due to an unmatched population and quantity of water (only 40% meet the daily demand). However, these groundwater sources harbor bacteria such as Coliform and E.coli, and heavy metals, which are detrimental to health.

03

A survey conducted in Kathmandu Valley of 194 slum households with children aged 0 to 5 years found that 38 percent of the children were stunted, 29 percent were underweight, and nine percent were wasted. Moreover, anemia affected 35 percent of children and 16 percent of mothers.

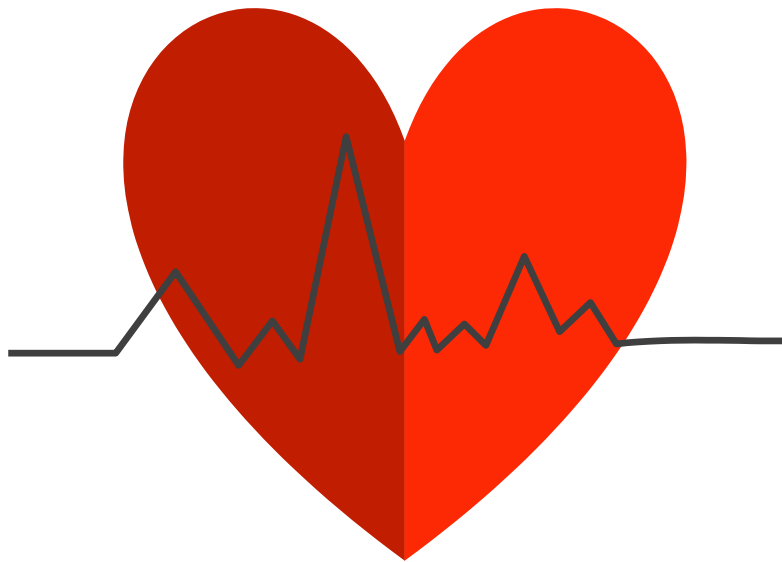
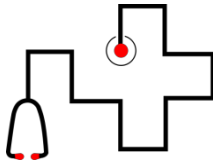
04

Initiated the project “Bagmati Riverside Squatters Health Outreach Project”

Proposed Solution

Through the "Bagmati Riverside Squatters Health Outreach Project", Ek Ek Paila aims to conduct a multi-specialty health outreach camp to improve the health status of the urban poor by enhancing the availability of quality health care, especially for those residing in slums and squatters.

Objectives



01

To provide health services, both curative and preventive treatment, to the community.

02

To promote good health practices through health education sessions, generate health awareness among women & adolescents,

03

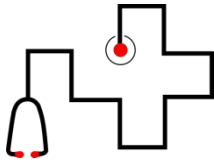
To provide preventive measures to avoid the appearance of diseases among people who cannot afford medical treatment.

04

To improve the health status of urban poor

Our Services





Beneficiaries

Total patients: 363

Total cross consultation: 742

Out Patient Department (OPD):

Dental- 77

General Medicine/General Surgery- 186

Ophthalmology- 140

Orthopedics- 46 Ear,

Nose, Throat- 60

Radiology- 63

Pathology- 52

Gynecology- 50

Dermatology- 50

Pediatrics- 18



Lab Tests:

HIV- 45

HBSAg- 45 (1 +ve)

HCV- 45

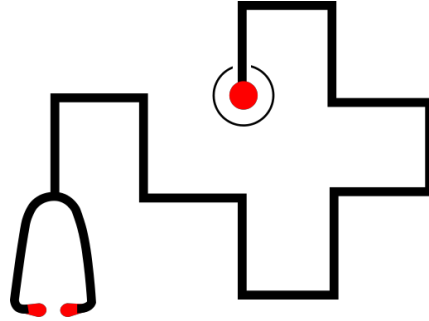
CBC- 9

RFT- 19

UTP- 2

Uric Acid- 4

Random Blood Sugar- 50



Thank you

Ek Ek Paila Foundation