



एक एक पाइला

Report on the 19th Paila Health Camp Dho, Upper Dolpa

September 2019

Location & Preparation

- • Dho, Upper Dolpa (3,900 meters above sea level)
- • Team acclimatized by staying in Dunae three days prior
- • Camp conducted at the local primary health center

Overview of Services

- 930 patients served
- 2,416 medical consultations provided

Breakdown of Services

- • Eye care: 308 check-ups, including 40 cataract surgeries
- • Dental care: 359 check-ups, including 58 extractions
- • Dermatology: 101 check-ups
- • ENT: 139 check-ups
- • Gynecology: 207 check-ups
- • General medicine: 519 check-ups
- • Pediatrics: 173 check-ups
- • Radiology: 166 procedures
- • Pathology: 346 procedures

Key Findings

- • Opportunistic screening revealed high prevalence of Hepatitis B infection
- • Suspected contributing factors:
 - - Cross-border interactions with Tibet
 - - Cultural practices such as polygamy