

Report on the 13th Paila Health Camp

Upper Manang - October 2016



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Introduction

- • Conducted in Upper Manang, October 2016
- • Participation of 8-9 new volunteers
- • Journey from Kathmandu via Besishahar on a challenging road
- • Female members faced anxiety & homesickness, but team reached safely

Camp Highlights

- • 874 patients received treatment
- • 2,979 check-ups/tests/treatments provided
- • First time introducing tympanic membrane repair surgeries

Services Breakdown

- • Eye care: 465 check-ups
- • Dental care: 289 check-ups
- • Dental extractions: 150 procedures
- • Dermatology: 189 check-ups
- • ENT: 252 check-ups
- • Gynecology: 205 check-ups
- • General medicine: 591 check-ups
- • Orthopedics: 176 check-ups

Surgeries & Diagnostics

- • 30 cataract surgeries
- • 23 ear surgeries
- • 185 radiology services
- • 424 pathology services
- • Some patients from Kathmandu postponed surgeries

Collaboration

- • Organized with Manang Women's Empowerment Group
- • Marked first collaborative effort with local organizations

Conclusion

- • Successful health camp despite travel challenges
- • Expanded services with new surgeries
- • Strengthened local partnerships