



REPORT ON THE FIRST VOLUNTEER HEALTH CAMP OF EK EK PAILA

Chanaute Sindhupalchok



Introduction

Ek Ek Paila initiated its first volunteer health service in Chanaute Sindhupalchok district. The camp was organized in May 2015, immediately after the devastating earthquake. Without any formal institutional support or even a bank account, the program was conducted with the spontaneous participation of dedicated volunteers.

Objective

While various governmental and non-governmental organizations were focused on distributing relief materials to earthquake victims, Ek Ek Paila aimed to address the urgent need for:

Health treatment

Psychological counseling

Nutrition-related services

Venue

The camp was held at a local resort, serving as a temporary health facility.



Services Provided

A total of **451 patients** received medical services, with **686 consultations and treatments** carried out. The details are as follows:

Eye checkups: 169 patients

Dental checkups: 97 patients

Skin diseases: 70 patients

ENT (Ear, Nose, Throat): 36 patients

Gynecological examinations: 58 women

General medical consultations: 256 patients



Team Member

1. Dr Jyotindra Sharma (Cardiothoracic Surgeon)
2. Dr Kunjan Acharya (ENT Surgeon)
3. Dr Suman Thapa (Ophthalmologist)
4. Dr Bhupesh Shakya and Dr Neil Pande (Dental Surgeons)
5. Dr Sudhamshu KC (Hepatologist)
6. Dr Subodh Dhakal (Pulmonologists)
7. Dr Sabeena Bhattarai (Dermatologist)
8. Dr Sapana Amatya Vaidya with Ami Malla Thakuri (Obstretician and Gynaecologist)
9. Dr Ganesh Parajuli (Pathologist)
10. Alina Gurung, Chahana Pande and Nabin Bajracharya (Pharmacy)
11. Manju Bista and Sabina Rimal (Child friendly space and Counselling)
12. Sekhar Chettri, Nabin, Pragati Man Ranjit
13. Ashish Bhattarai
14. Prabhakar S Thapa (Logistics)
15. Architect Prabal Thapa (Structural Assesment by)
16. Abha Dhital (Local Patients registration handled by)

Conclusion

The first health camp of Ek Ek Paila marked a significant step in volunteer-based healthcare service delivery. It not only provided immediate medical support during a time of crisis but also laid the foundation for the organization's ongoing commitment to serving vulnerable communities across Nepal.